



## *Tribes Restaurant – Table d’hote Menu*

### *Food Allergies and Intolerances*

*Before you order your food and drinks, please speak to a member of our staff, who are fully trained in allergy awareness?*

*If you have a food allergy or food intolerance, Please refer to the end of the menu, where the allergens are listed numerically and presented in that format under each menu item*

### *Starters/Cúrsaí Tosaigh*

#### *Tribes Soup of the Day*

*Served with Our Home Made Brown Bread*

*Contains Allergens 7, 9, 12*

#### *Bluebell Falls Goats Cheese*

*Goats Cheese Cremeux, Olive Dust, Fennel*

*Contains Allergens 7, 13*

#### *Salmon Gravlax*

*Avocado Mousse, Orange & Radish*

*Contain Allergens 3, 7*

#### *Clayton Chicken Caesar Salad*

*Smoked Chicken, Cos Lettuce, Herbed Croutons*

*& Parmesan Shavings served in a Creamy Caesar Dressing*

*Contain Allergens 3, 6, 7, 8, 11, 12*

# TRIBES RESTAURANT

## Mains/Miasa Specisialta

### **8oz Sirloin Steak**

*Truffled Celeriac Mousseline, Confit Red Onion, Potato Fondant*

*Black Peppercorn Cream*

*Contain Allergens 7,9*

### **Supreme of Manor Farm Chicken**

*Spiced Carrot Puree, Stuffing Ball*

*Salt Baked Celeriac & Sage Jus*

*Contain Allergens 6,7,9,11*

### **Steamed Silver Hake**

*Saffron Poached Baby Potatoes, Samphire,  
Galway Bay Mussels, Smoked Chicken Broth*

*Contain Allergens 1, 2, 3, 9, 12*

### **Roasted Rump of Connemara Lamb**

*Cauliflower Puree, Braised Lamb Croquette,  
Grilled Scallions, Baby Carrots, Jus*

*Contain Allergens 3, 4, 6, 12*

### **Tagliatelle Pasta 14.50**

*Wild Mushrooms, Spinach, Walnut pesto, Parmesan Cheese*

*Contain Allergens 3, 9, 12*

## Side Orders/Taobh Orduithe

*Creamed Mash Potato*

*Rocket, Pear & Parmesan Salad*

*Buttermilk Onion Rings*

*Handcut Fries*

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## Desserts/Milseoga

### *Yoghurt Pannacotta*

*Wexford Strawberries, Burnt Honey & Meringue*

*Contain Allergens 7, 11*

### *Frozen Apple Parfait*

*White chocolate, Vanilla creme*

*Contain Allergens 6, 7, 11*

### *Coco Brulee*

*Served with Vanilla Ice Cream*

*Contain Allergens 6, 7, 11*

### *Selection of Ice Cream*

*Served in a Wafer Basket*

*Contain Allergens 7*

## *List of Allergens/Liosta Ailléirginí*

*1&2 Shellfish: Crustaceans, Mollusks*

*3. Fish*

*4. Peanuts*

*5. Nuts*

*6. Cereals / Gluten*

*7. Milk*

*8. Soya*

*9. Sulphur Dioxide*

*10. Sesame Seeds*

*11. Egg*

*12. Celery and Celeriac*

*13. Mustard*

*14. Lupine*